

## Home learning for Room 6 – Week 3 Term 3

### Keeping ourselves safe Complete the activity sheets

It is important that all our students know their own phone numbers. As the majority of the class still seem unsure please help your child to learn these numbers.

My number is \_\_\_\_\_

My number is \_\_\_\_\_

These numbers will be tested on Friday!

Keeping Ourselves Safe (2014) Developed by the NZ Police (National Prevention Centre) Years 4-6



#### Homework activity sheet: Confident Me

As part of **Keeping Ourselves Safe** your child has been learning to value themselves and to be confident. We have also talked about our feelings and how we can express these safely. It is important that children can make safe decisions and that they learn to use a decision-making process.

These things are important because:

- people who want to harm children are less likely to target a confident, assertive child
- being able to identify their feelings and tell people how they feel can help children to keep safe and ask for help
- learning to think before acting can help children make safe decisions with confidence.

Please help your child to complete the following checklist. For each item they colour in the face that best describes how they feel. Ask them questions about what they have learnt. Work together to make a comment.

Behaviour		Comment
1 I feel confident talking to my teacher.	 	
2 I feel confident answering the phone.	 	
3 I can say how I am feeling.	 	
4 I can say two positive things about myself.	 	
5 I know how to make safe decisions.	 	
6 I can walk tall.	 	

Keeping Ourselves Safe (2014) Developed by the NZ Police (National Prevention Centre) Years 0-3

#### Homework activity: Touch

Today in **Keeping Ourselves Safe** we learnt about different types of touch – touch we like, touch that hurts and we want to stop, and confusing touch that we want to stop, such as sexual touch.

- ★ Encourage your child to tell you when someone hurts them or touches them in a way that makes them confused.
- ★ Always listen and act when your child tells you about experiencing unwanted touch. Please help your child with the activities below.



Ask your child for examples of touch we like, such as hugs.



Ask your child for examples of touch that hurts and that we want to stop.

Ask your child how each of these situations make them feel and what they should do about it:

- An adult that you don't know comes up and takes your hand.
- Someone at school pulls your hair.
- The babysitter puts their hand down inside your underpants.
- Someone hugs you too tight and gives you a sloppy kiss.

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#### Homework activity: My Body

Today in **Keeping Ourselves Safe** we talked about how important it is for children to say "no" to touch or behaviour that worries or frightens them or makes them feel uncomfortable.

- ★ Respect your child's right to say "no" to touch they don't like.
- ★ Don't ask or force your child to give other people a kiss or a hug.
- ★ Support your child when they say "no" to touch or behaviour they don't like.
- ★ Help them keep safe online.

Please help your child with the activities below.

Role-play each of the following situations with your child. You may prefer to make up some situations of your own. The child should respond with one of the following phrases and practice walking away.

No, I don't like it.

No!

No, I want you to stop.

Stop it – I don't like it.

Stop it – it's not allowed.

#### Situations

Big brother or sister is teasing you.

Mum or Dad is tickling you too hard.

Grandma gives you a big sloppy kiss.

## Maths

Please work on your geometry skills using Mathletics!

## Reading Log

Date	Title or number of chapters	Signature
8 <sup>th</sup>		
9 <sup>th</sup>		
10 <sup>th</sup>		
11 <sup>th</sup>		

**We need** clean paper towel tubes for art please.

**No** toilet roll tubes thank you!



Hi everyone! It is Peace week. Please look at the display in the window of our classroom!  
Please remember to bring:  
– Change of spare clothes (named) for fitness and on field. Slippers or warm socks and polar fleeces to keep warm  
Thank you!  
From Miss Swinton

## This week's learning will include:

- Keeping ourselves safe
- Geometry: 3D shapes
- Persuasive writing
- Cultural diversity